

About COVID-19

Coronavirus Disease 2019 (COVID-19) is a virus strain that has only spread in people since December 2019 but is a now global pandemic.

The symptoms of COVID-19 include any of these symptoms: fever, cough, shortness of breath, muscle aches (myalgias), chills, runny nose or stuffy nose, sore throat, headache, or diarrhea. People with COVID-19 have experienced a range of different symptoms. As we learn more about the virus, we know that some people with COVID-19 have only experienced one or two mild symptoms.

Health and Safety Precautions

To prevent infection with COVID-19, the Centers for Disease Control and Prevention (CDC) recommends frequent handwashing with soap and warm water for at least 20 seconds; coughing and sneezing into your elbow or a tissue; avoid touching mouth, nose, and eyes, social distancing; and if you are sick, stay at home and seek medical assistance.

More information about the coronavirus can be found at:

- Rhode Island Department of Health https://health.ri.gov/diseases/ncov2019/
- Center for Disease Conntrol (CDC) https://www.cdc.gov/coronavirus/2019-ncov/summary.html.
- Your Health Care Provider